

## WELCOME

Welcome to the exclusive and exceptional experience  
of the Waldorf Astoria Spa, Boca Raton.

Expert staff will provide you an extraordinary level of  
personalized service to beautify, enhance and restore.

Indulgent signature treatments combine locally inspired ingredients  
and contemporary techniques to invigorate and inspire.

With surroundings of unrivalled quality  
designed to refresh and relax both body and soul,  
your time with us will be truly unforgettable.





## Signature Collection

**ULTIMATE WALDORF RETREAT** 6 hrs \$730  
 Signature Ritual Bath  
 Artisan Massage (50)  
 Signature Facial (50)  
 Waldorf Manicure & Pedicure  
 Shampoo & Style

**GENTLEMEN'S SPA DAY** 4 hrs \$475  
 Traditional Ritual Bath  
 Deep Tissue Massage (50)  
 OM4Men Face Treatment (50)  
 Gents Foot Treatment  
 Gents Hair Cut

**AYURVEDIC BALANCE & RESTORE** 3.5hrs \$480  
 Traditional Ritual Bath  
 Shankara Abhyanga Massage (50)  
 Rose Quartz Ayurvedic Facial (50)  
 Shirodhara Scalp Ritual (25)

**MINDBODY SYNERGY** 4.5hrs \$420  
 InBody Assessment\*  
 Personal Training or Yoga Session\*  
 Traditional Ritual Bath  
 SolTec Restorative Chair (25)  
 Artisan Massage (80)  
 \*Requires 48 hour advance notice.

**TRADITIONAL RITUAL BATH** 50mins \$48 w/service  
\$75 a la carte

A healing water therapy ritual that includes an aroma bath, Swiss shower, plunge, pool and Jacuzzi. This is a communal service and swimsuit optional.

**SIGNATURE RITUAL BATH** 50mins \$95  
 Elevate your Ritual Bath experience with Anti-Aging skincare products that will hydrate and repair from face to foot. Enjoy an uplifting tropical scent. Includes a take-home gift.

All Signature Package prices include the 20% service charge.



## Locally Inspired Ingredients

What makes each Waldorf Astoria Spa truly unique is the way that we introduce locally inspired ingredients to your Spa experience - fruits, plant and minerals - many with a traditional history of soothing or healing properties to refresh and rejuvenate.

Spanish explorers brought oranges to Florida in the mid 1500's. Florida provides the ideal growing conditions for oranges making it one of the top commercial trades in our State. Our Spa utilizes this indigenous fruit to enhance our Spanish themed spa, offering citrus spa treatments, signature citrus scent throughout the spa, and refreshing orange-flavored brewed teas.



## Facial Collection

SIGNATURE FACIAL 50mins \$155  
80mins \$215

This high performance, customizable treatment cleanses, repairs and hydrates. Multi-dimensional hyaluronic acid serums fill fine lines and wrinkles to enhance the skin's ability to store moisture preventing long term premature aging. Add on a Babor skin specific ampule to correct current skin concerns. 80 min upgrade is amplified with a Biomatrix mask & Marine Collagen to lift & reshape the facial contour.

OM4MEN FACE TREATMENT 50mins \$155  
80mins \$215

Designed specifically for gentlemen, this customized treatment leaves your skin toned and hydrated. Enjoy the relaxing qualities of a head, neck and shoulder massage. 80 min upgrade includes extended massage time.

CITRUS ESSENCE FACIAL 50mins \$155

An antioxidant treatment that restores vitality to dry, sun damaged skin and helps minimize the signs of premature aging. Pure vitamin C stimulates collagen production and renews skin firmness.

CURE FACIAL 50mins \$160  
80mins \$220

A true antidote designed to combat the effects of modern day lifestyle on our skin. This deep cleansing facial includes an innovative enzymatic detox to purify pores while meticulous extractions process leaves the skin soft and radiant. 80 minutes facial recommended for intensive extractions.

NATURA BISSE DIAMOND WHITE FACIAL 50mins \$175

The Diamond Collection brightens skin tones while diminishing the appearance of hyperpigmentation for a flawlessly radiant glow.

BIODYNAMIC® FACIAL 50mins \$165

Rich in vitamins, minerals and nutrients, Eminence's Biodynamic® facial captures the purest of ingredients to leave your skin radiant and beautiful.

HYDRAFACIAL® 50mins \$185  
80mins \$250

A resurfacing procedure providing cleansing, exfoliation, extractions and hydration with the infusion of antioxidants, peptides and hyaluronic acid.

ESSENTIAL SHOCK FACIAL 80mins \$250

A unique cocktail formulated to combat premature aging and maintain plump hydrated and wrinkle free skin. This repairing facial stimulates skin's cellular function to fight premature aging. This service comes with a complimentary traditional ritual bath.

NATURA BISSE FACELIFT OPTIMIZER 80mins \$250

Surgical alternative treatment that infuses and lifts the skin with all of the benefits of a microinjection without the neurotoxins. This service comes with a complimentary traditional ritual bath.

CARBOXY PEEL 25mins \$85

Using CO2 to combat the signs of aging, this powerful and unique Experience offers rejuvenation in between facials.

### ENHANCEMENTS

GLYCOL 3 PEEL (Add In) \$45

Enhance your Natura Bisse facial with a triple exfoliation with alpha-hydroxy acids. Not available a la carte.

BABOR AMPULE CONCENTRATE \$25

ESSENTIAL EYES (Add In) \$25

Relieve puffiness and dehydration around the eye area.

AGE DEFYING LIP & EYE (Add In) \$35

Restore firmness around the lip and eye area.

NUFACE 15mins \$35

CLEAR MY HEAD SCALP MASSAGE 25mins \$85

Enjoy a relaxing scalp massage to ease away tension. Add on to any facial. Cannot be booked A la carte.

*Waxing Services available upon request*

### SERVICE CHARGE

A 20% service charge is automatically applied to all services and is not a gratuity.  
A tip or gratuity may be left at the guest's discretion.

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## Inspirational Environment

Waldorf Astoria Hotels & Resorts are sited in some of the most inspirational and stimulating locations in the world, and within these locations each Waldorf Astoria is a destination in its own right. Destinations that offer the best of everything in personal service – exemplified in our signature luxury Spas.

This is where you will fully appreciate the reality that is the Waldorf Astoria commitment to putting our guests at the center of our attention – an experience that will leave you inspired.

## Body Collection

**HYDRATING COCONUT SCRUB** 50mins \$155  
Inspired by the abundance of local fresh tropical fruits, this PureFij scrub exfoliates and hydrates, while uplifting aromas elevate your senses for a complete state of relaxation. Service performed in Vichy Shower.

**WHITE SAND BODY POLISH** 50mins \$155  
This full body scrub combining sea salt, fine sand and a hint of mint exfoliates dry, rough skin revealing a flawlessly smooth and radiant complexion. Service performed in Vichy Shower.

**BEE-AUTIFUL PROPOLIS BODY WRAP** 50mins \$165  
Absorb the countless benefits of nature's miracle cure-all, bee propolis followed by a warm, coconut milk massage. Reveal your most bee-autiful body today.

**MOROCCAN DETOX WRAP** 80mins \$195  
Inspired by the spice trade and local fruits of Morocco, this detoxifying body treatment begins with a mint tea body exfoliation followed by a spicy chai mud mask and full body massage to ensure you purify in exotic perfection.

**ESPRESSO LIMON SLIMMING TREATMENT** 80mins \$185  
Slim, detoxify and firm with this powerful blend of ancient dry brushing and Espresso Limon oils. Includes a scalp and neck massage.

**CHILLED NONI COCONUT WRAP** 50mins \$165  
An ideal treatment to replenish, protect and preserve sun kissed skin with a cooling wrap of Tahitian Noni. A calming face mask is then applied to further reduce redness while enjoying warm coconut milk scalp massage.

**SolTec RESTORATIVE RELAXATION LOUNGE** 25mins \$25\*  
50mins \$50\*

The SolTec Lounge produces soothing sound, gentle vibrations and magnetic stimulations to induce profound levels of relaxation.  
\*Reserved with your spa service of choice. Facility access will apply if booked on own.

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## Ayurveda Collection

Ayurveda (ayur = life and veda = knowledge) is a 5,000 years old natural system of healing based on a comprehensive view of the laws of nature and governing principles, or doshas. Their energies circulate in the body, governing physiological activity. For the ultimate in healthy mind, body and spirit, doshas must remain balanced. The following Shankara™ treatments are rooted in Ayurvedic wisdom to bring a deeper sense of harmony and wellbeing.

**SHANKARA ABHYANGA MASSAGE** 50mins \$170  
80mins \$225

Sansára, Sanskrit for "continuous flow," of consciousness and life force. Abhyanga is the practice of being anointed from head to toe with a blend of warm soothing essential oils. The continuous flow of aromatic oils, rhythmic massage and thoughtful intention elevates the 7 Dhatus, to harmonize and balance mind, body and Spirit.

**REVITALIZING ENERGY TREATMENT** 50mins \$170  
80mins \$225

This revitalizing treatment awakens and uplifts subtle energies with an aromatic inhalation blend combined with targeted dosha massage oils. Swedish style massage balances mind and body with focused attention on the five energy meridians of the "head, hands and feet". Enjoy a deeply relaxing head massage to target tension leaving you feeling relaxed, revitalized and radiantly shining. 80 minute includes nourishing hair treatment.

**SHIRODHARA SCALP TREATMENT** 25mins \$90  
A great addition to any body treatment or massage. This is a deeply relaxing scalp massage that includes hot oil pouring onto the forehead and throughout the scalp.

**ROSE QUARTZ AYURVEDIC FACIAL** 50mins \$170  
80mins \$225

This highly therapeutic custom facial features the use of rose quartz that calms your mind and soothes your body. Inhale essences of rose, lotus and other precious oils that expand consciousness. Rose water hydrates and rejuvenates the skin. A unique facial massage using the soft, warm quartz reduces muscle tension and gently stimulates the lymphatic system. Repair and regeneration are the corner stone of this deeply healing facial.

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Ritual Bath

## Authentic Moments

Our luxury Spas reflect our world-wide reputation for consistent standards of excellence on which you can rely, yet each one creates its own individual sense of place, one that reflects the character and the culture of its unique location.

This means that not only will each Spa experience be remembered as being truly exceptional, but also each memory will be forever linked to the time and place where you enjoyed it.

Unforgettable. That's what it will be for you, and that's what you are to us.

## Massage Collection

ARTISAN MASSAGE 50mins \$170  
80mins \$225

A truly customized massage, your therapist will use their artistic creativity and skillful touch to orchestrate a unique and personalized experience. Service can include a variety of styles, medley of stretching and tailored pressure. Warm basalt stones and aroma essences help cultivate a heightened sense of relaxation.

AROMATHERAPY MASSAGE 50mins \$155  
80mins \$210

Blended essential and nourishing herbal oils destress muscles, soothes, or energizes depending upon selected blend to leave you with a deeper sense of balance and relaxation. This is a gentle to medium pressure massage.

DEEP TISSUE MASSAGE 50mins \$165  
80mins \$220

Enjoy greater range of motion as your therapist works on targeted areas of concern. Strokes with targeted deep pressure perfectly address chronic muscle tension.

HOT STONE MASSAGE 50mins \$160  
80mins \$215

Smooth, heated basalt stones are combined with gentle massage to melt away stress and helps reduce muscle tension.

HIMALAYAN SALT STONE MASSAGE 50mins \$165  
80mins \$215

Enjoy the deeply relaxing and uplifting qualities of a warm Himalayan salt stone massage. This full-body massage incorporates warm hand carved crystal salt stones that harmonize and revitalize to gently soothe away tension and restore overall well-being.

TRANQUILITY MASSAGE 50mins \$155  
80mins \$210

This classic, gentle massage promotes relaxation. Not intended for guests seeking firm pressure and focus on problem areas.

MATERNITY MASSAGE 50mins \$155

This gentle full body massage uses coconut butter to deeply hydrate targeted areas for the mommy-to-be. Includes a pregnancy cushioning system for extra support and comfort. Guests must be 13 weeks to experience this treatment.

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SPA REFLEXOLOGY (feet only) 25mins \$85  
50mins \$155

A relaxing take on the traditional art of Reflexology, this service begins with a hot towel cleansing ritual. Specific pressure points on the hands and feet are stimulated, encouraging the body to find its own energy path and release blockages which may be the source of pain or discomfort.

GEMSTONE BODY RITUAL MASSAGE 80mins \$235

Gemstones radiate a life force of sacred energy to bring harmony, balance and transformation. This unique ritual harnesses the power of precious gemstones and aromatherapy to align the energy points of the body. Enjoy an intentional massage with chakra-specific essential oils to bring you into a state of complete well-being. This service comes with a complimentary traditional Ritual Bath.

SWE-THAI MASSAGE 80mins \$235

An innovative style of massage combining advanced soft tissue therapies and passive yoga style stretching. This service comes with a complimentary traditional ritual bath.

CITRUS SURRENDER BODY RITUAL 110mins \$275

Enjoy an invigorating sweet mandarin walnut body polish followed by a full body massage in the grounding neroli essential oils. Energizing and uplifting, this vitamin C rich journey will have you looking and feeling your brightest. This service comes with a complimentary traditional ritual bath.

COUPLES' MASSAGE 50mins \$340  
80mins \$450

Experience a custom, freestyle massage as you share your experience with someone special. Pricing per couple.

YOUR SUITE MASSAGE 50mins \$215  
80mins \$270

Enjoy a Swedish or Deep Tissue style massage in the comfort and privacy of your suite or bungalow. 24 hours advanced booking advised.

### ENHANCEMENTS

RELAXING FOOT MASSAGE 25mins \$85

POWER BREAK 25mins \$85

Enhance your body treatment with an additional 25-minutes of targeted massage for neck back and shoulder. This is not a full body massage.

CLEAR MY HEAD SCALP MASSAGE 25mins \$85

Relax and place your head in our hands as your therapist gently massages your scalp to ease away tension and promote healthy hair grow.

## Resort Salon

### HAIR STYLING SERVICES

Waldorf Astoria Salon offers a full array of color, cuts, styles and hair treatments.

Prices listed for hair services are 'starting at'. Preliminary quotes provided by spa concierge are subject to change based upon length and condition of hair, intricacy of service and any customization performed by stylist. Stylist will perform preliminary consultations.

WASH AND BLOWOUT starting at	\$65
WASH, CUT & BLOWOUT starting at	\$85
MEN'S CUT & STYLE	\$50
UPDO (Updo Style performed on clean, dry hair)	\$100

Extensions may incur an additional charge. Your stylist will consult with you prior to service.

SINGLE PROCESS starting at	\$75
DOUBLE PROCESS starting at	\$95
PARTIAL HIGHLIGHTS starting at	\$105
FULL HIGHLIGHTS starting at	\$155
GLAZE starting at	\$50

### Perk™ EXPRESS FACIAL, EYE & LIP TREATMENTS \$39-\$59

From the makers of the HydraFacial MD®, Perk™ is the latest innovation in skincare technology to rejuvenate lips, eyes and skin in just 10 minutes. Treatment includes homecare.

### BRIDAL PACKAGES

A variety of Wedding packages for the Bride, Bridesmaids, Groom and more are available and customized based on your needs. Please contact the Spa Coordinator at 561-447-3032 for details and pricing.

### SERVICE CHARGE

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## HANDS & FEET

Our nail services are designed for natural nails. Please advise when making your reservation if you have Acrylics or Gel.

CLASSIC MANICURE 25mins \$35  
CLASSIC PEDICURE 40mins \$55

CITRUS MANICURE 35mins \$45  
CITRUS PEDICURE 50mins \$65

This anti-aging service combats the signs of premature aging with Vitamin C.

HYDRATING MANICURE 35mins \$45  
HYDRATING PEDICURE 50mins \$65

Tropical extracts of Papaya and Pineapple hydrate and repair dry, cracked hands or feet.

GENTS HAND TREATMENT 25mins \$35  
GENTS FOOT TREATMENT 35mins \$55

JET LAG PEDICURE 50mins \$65

An invigorating treatment ideal for weary travelers or those on their feet all day.

WALDORF MANICURE 50mins \$85  
WALDORF PEDICURE 70mins \$105

Aroma essences uplift your senses as a warm herbal neck wrap promotes deep relaxation. Warm Himalayan salt stones lightly massage and pamper creating the ultimate spa treatment. Pedicure includes warm paraffin wax treatment for the hands & forearms.

GEL POLISH MANICURE 45mins \$45  
GEL POLISH MANICURE PLUS REMOVAL 60mins \$65  
GEL POLISH REMOVAL ON OWN 15mins \$20  
FRENCH ADD-ON \$10 per service  
POLISH CHANGE\* \$20 per service

\* Polish change does not include nail file/shape or cuticle care

SUNLESS TANNING \$70

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## Spa Information

### AGE POLICY

To protect the tranquil nature of the spa and its environment, guests under the age of 18 are not permitted to use the spa facilities. This includes the Private Spa Pool, Spa Café, Sundeck, Wet Areas and Locker Facilities. Younger guests between 12 and 17 are welcome to enjoy spa services when accompanied by an adult in the treatment room or checked in by a guardian at the salon.

### SPA DAY ACCESS

Full Day \$43.00

Dusk Access \$24.00

Enjoy the full array of spa amenities and access to the spa café with the purchase of a Spa Day Pass. Dusk Access passes are available after 5pm. Guests receiving spa treatments are entitled to complimentary use of the spa facilities during the day treatments are scheduled.

### RESERVATIONS & CANCELLATIONS

Booking your spa reservations in advance is strongly recommended. Please call Waldorf Astoria Spa directly on 561-347-4772 or 877-677-7347 or from the Resort at extension 4772. As a courtesy to other guests and to our therapists, we strictly adhere to the spa cancellation policy. If you must change or cancel an appointment, please advise us six (6) hours in advance to avoid being charged 100% of the scheduled service.

### ARRIVAL TIME

Guests are advised to arrive a minimum of 30 minutes prior to the start of their service to allow for ample time to check in, change and acclimate to the spa facilities. Services will begin and end on time so that the next guest is not delayed. Guests staying at the Boca Beach Club are advised to allow for 15-20 minutes travel time if taking the resort shuttle to the Boca Raton Resort & Club.

### PHYSICAL AILMENTS, DISABILITIES OR ALLERGIES

Please notify the spa concierge when booking your appointments and your service provider at the time of treatment.

### CELL PHONE RESTRICTIONS

To respect the privacy of our spa guests and maintain the sanctuary of our spa, we request that guests refrain from using their cell phone in the locker rooms, Ritual Bath, Great Hall and treatment areas.

### SERVICE CHARGE & GRATUITY

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RESHAPE. REFINE. REVIVE.