

The logo for Waldorf Astoria Spa. It features a stylized 'W' symbol above the text 'WALDORF ASTORIA' in a serif font. Below this, the word 'Spa' is written in a large, elegant, gold-colored script font.

W
WALDORF ASTORIA®
Spa



Treatments



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WELCOME

Welcome to the exclusive and exceptional experience of the Waldorf Astoria Spa, Boca Raton.

Designed with the grandeur and elegance of Spain's Alhambra Palace, the Spa is a masterpiece of art with water features, elaborate mosaics, grand arches, and a sense of quiet magnificence. The opulent palace served as inspiration for the Waldorf Astoria Spa.

Boca Raton Resort & Club's award-winning Spa features 44 treatment rooms, two stunning terraces, and the Spa Garden, a lush courtyard with 10,000 square feet of tranquil gardens, waterfall whirlpools, and a private Spa Pool with underwater music.

The Waldorf Astoria Spa provides a tranquil sanctuary for guests to surrender to the joy of being completely pampered. Guests of the Spa receiving treatments are entitled to complimentary use of the Spa facilities, which include Spa Pool and two outdoor Jacuzzis.





Signature Package Collection

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| ALHAMBRA RETREAT PACKAGE Artisan Massage (90mins) Diamond Facial (90mins) Alhambra Pedicure | 4hrs \$680 |
| A TOUCH OF ROMANCE PACKAGE Couples Massage (90mins) Clear My Head Scalp Massage (30mins) Champagne & Strawberries | 2hrs \$890/couple |
| CITRUS FUSION PACKAGE Citrus Splash Body Polish (60mins) Citrus Radiance Facial (90mins) Citrus Manicure & Pedicure | 4hrs \$580 |
| GENTLEMEN'S SPA DAY PACKAGE Deep Tissue Massage (90mins) Men's Face Treatment (60mins) Gent's Foot Treatment | 3hrs \$505 |
| MIND BODY SYNERGY PACKAGE InBody Assessment* Personal Training or Yoga Session* Soltec Restorative Chair (30mins) Therapeutic Massage (90mins) *Requires 48 hours advanced notice. | 3.5hrs \$510 |
| ORGANIC WELLNESS PACKAGE Aroma Wellness Massage (90mins) Organic Wellness Facial (90mins) Organic Wellness Pedicure | 4.25hrs \$650 |



Locally Inspired Ingredients

What makes each Waldorf Astoria Spa truly unique is the way that we introduce locally inspired ingredients to your Spa experience - fruits, plants, and minerals - many with a traditional history of soothing or healing properties to refresh and rejuvenate.

Spanish explorers brought oranges to Florida in the mid 1500s. Florida provides the ideal growing conditions for oranges, making it one of the top commercial trades in our state. Our Spa utilizes this indigenous fruit to enhance our Spanish-themed Spa, offering citrus Spa treatments, signature citrus scent throughout the Spa, and refreshing orange-flavoured brewed teas.



Facial Collection

INSTANT RESULTS by Biologique Recherche 90mins \$390

A unique skin approach to combating premature aging. This facial specifically addresses fine lines and wrinkles while elevating tired, devitalized skin. This treatment boosts exfoliation and is optimized by the cooling benefits of potent ingredients, leaving skin smoothed, firmed, and toned.

HYDRAFACIAL® 60mins \$270
90mins \$360

A resurfacing procedure providing cleansing, exfoliation, extractions, and hydration, with the infusion of antioxidants, peptides, and hyaluronic acid.

LIFT & SCULPT FACIAL by Natura Bisse 90mins \$325

Restores density, boosts hydration, and fills fine lines without injections. An oxygenating exfoliation, line-minimizing massage and mask redefine the contour of your face, providing immediate lifting.

DIAMOND FACIAL by Natura Bisse 60mins \$215
90mins \$285

Restore a flawless radiance to your skin. Customized exfoliation and innovative treatment brightens and provides clarity while minimizing inflammation and restoring hydration.

TOLERANCE FACIAL by Natura Bisse 60mins \$205

Designed for all, including the most sensitive skin. Exclusive pro-tolerance peptide complex soothes, comforts, and restores the skin's balance and resilience.

CITRUS RADIANCE FACIAL by Natura Bisse 60mins \$190
90mins \$265

Indulge in a facial perfect for all skin needs. Infused with vitamins to nourish, boost collagen, and restore firmness. Protects the skin from free radicals and prevents premature aging. Emerge renewed, radiant, and rejuvenated.

DEEP CLEANSE by Natura Bisse 60mins \$200
90mins \$270

A deep-cleansing facial specializing in extractions. This facial purifies pores, while leaving skin soft, radiant, and luminous.

ORGANIC WELLNESS FACIAL by Eminence® 60mins \$200
90mins \$270

Reveal your inner radiance as your skin drinks in the nutrient-rich properties of mangosteen in this sensory-rich facial. 90-minute upgrade includes your choice of a hand or foot paraffin treatment and extended scalp, neck, and shoulder massage.

MEN'S FACE TREATMENT by OM4men 60mins \$190
90mins \$265

Designed specifically for men, this customized treatment leaves your skin toned and hydrated. Enjoy relaxing head, neck, and shoulder massage. 90-minute upgrade includes extended massage time.

BACK FACIAL 60mins \$210

This deep cleansing facial addresses the hard-to-reach surface of the back area leaving your skin nourished, renewed and hydrated.

ENHANCEMENTS (Cannot be booked a la carte.)

24 NANOGOLD & DIAMOND RADIANCE
COLLAGEN MASKS by KNESKO™

Select from the following add-ins:

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| FACE | \$50 |
| NECK | \$45 |
| DECOLLETE | \$55 |
| EYE OR LIP | \$35 |

GLYCO 3 PEEL from Natura Bisse (Add-in) \$50

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|---------------------------------------|------|
| PARAFFIN FOOT TREATMENT within Facial | \$30 |
| PARAFFIN HAND TREATMENT within Facial | \$25 |



Inspirational Environment

Waldorf Astoria Hotels & Resorts are sited in some of the most inspirational and stimulating locations in the world, and within these locations each Waldorf Astoria is a destination in its own right. Destinations that offer the best of everything in personal service - exemplified in our signature luxury Spas.

This is where you will fully appreciate the reality that is the Waldorf Astoria commitment to putting our guests at the center of our attention - an experience that will leave you inspired.

Ayurveda Collection

Ayurveda (*ayur* = life and *veda* = knowledge) is a 5,000-year-old natural system of healing based on a comprehensive view of the laws of nature and governing principles, or doshas. Their energies circulate in the body, governing physiological activity. For the ultimate in healthy mind, body, and spirit, doshas must remain balanced. The following Shankara™ treatments are rooted in Ayurvedic wisdom to bring a deeper sense of harmony and well-being.

SHANKARA™ ABHYANGA MASSAGE 90mins \$290

Sansára, Sanskrit for “continuous flow” of consciousness and life force. Abhyanga is the practice of being anointed from head to toe with a blend of warm, soothing essential oils. The continuous flow of aromatic oils, rhythmic massage, and thoughtful intention elevates the 7 Dhatus to harmonize and balance mind, body, and spirit.

REVITALIZING ENERGY TREATMENT 90mins \$295

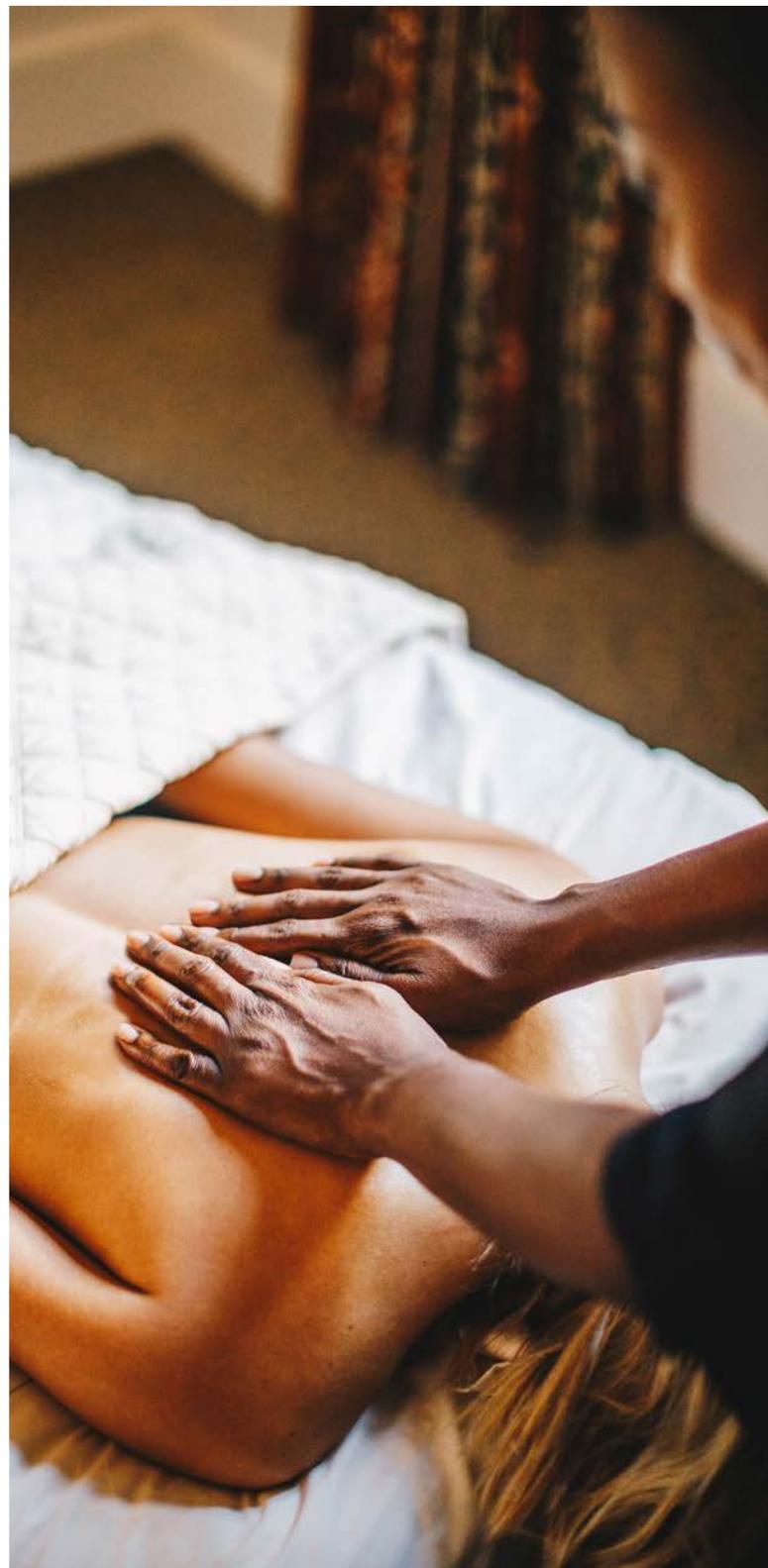
This revitalizing treatment awakens and uplifts subtle energies with an aromatic inhalation blend combined with targeted Swedish massage oils. Targeted Swedish-style massage balances mind and body, with focused attention on the five energy meridians of the “head, hands, and feet.” Enjoy a deeply relaxing head massage to target tension, leaving you feeling relaxed, revitalized, and radiantly shining.

SHIRODHARA SCALP TREATMENT 30mins \$130

A great addition to any body treatment or massage. This is a deeply relaxing scalp massage that includes hot oil pouring onto the forehead and throughout the scalp.

ROSE QUARTZ AYURVEDIC FACIAL 90mins \$290

This highly therapeutic custom facial features the use of rose quartz that calms your mind and soothes your body. Inhale essences of rose, lotus, and other precious oils that expand consciousness. Rose water hydrates and rejuvenates the skin. A unique facial massage using the soft, warm quartz reduces muscle tension and gently stimulates the lymphatic system. Repair and regeneration are the cornerstone of this deeply restorative facial.



Body Treatment Collection

Rituals

ALHAMBRA CITRUS BODY RITUAL 120mins \$390

Experience the uplifting qualities of Orange Blossom extracts in this Vitamin C rich body ritual. This all-encompassing body treatment includes a full body dry brush, invigorating Walnut & Mandarin body polish, hydrating Neroli body wrap, and a 60-minute Tranquility massage.

GEMSTONE BODY RITUAL 90mins \$285

This unique ritual harnesses the power of precious gemstones and aromatherapy to align the energy points of the body. An intentional, chakra-focused massage creates a state of well-being.

MOROCCAN DETOX BODY RITUAL 90mins \$280

Inspired by the spice trade and local fruits of Morocco, this detoxifying body ritual begins with a Mint Tea body exfoliation, followed by a Chai Soy Mud Mask and concludes with a full body application of aromatic Orange Blossom.

Scrubs

HYDRATING COCONUT SCRUB 60mins \$210

Infused with essence of Coconut and tropical fruits, this full body scrub exfoliates and hydrates. Uplifting aromas elevate your senses creating a deep state of wellbeing and relaxation.

WHITE SAND BODY SCRUB 60mins \$210

This full body scrub, inspired by the ocean waters, combines sea salt, fine sand, and a hint of Mint. This invigorating treatment exfoliates dry, rough skin, reveling a flawlessly smooth and radiant complexion.

CITRUS SPLASH BODY POLISH 60mins \$210

This sensory rich body treatment gently exfoliates with a Citrus inspired body polish and Orange Blossom body butter that will leave your skin soft and supple from head to toe.

Mindfulness

REIKI 60mins \$200

This alternative treatment channels “universal life energy” to promote the body’s natural healing process. Your therapist lightly places their hands on, or just above, your body to help influence the flow of energy. This gentle, yet restorative treatment creates a harmonious balance for the perfect mind, body and spirit connection. This service does not require you to disrobe.
*Specialized treatment, subject to availability.

CRANIOSACRAL THERAPY 60mins \$200

This soothing treatment uses the lightest of touch and heightened sensitivity of your therapist to subtly adjust the function of the Craniosacral, releasing restrictions and creating a deep sense of calm and wellbeing. This service does not require you to disrobe, however loose-fitting clothes are recommended.
*Specialized treatment, subject to availability

RESTORATIVE SOLTEC LOUNGER 30mins \$30
60mins \$60

The SolTec lounge, located within the privacy of a treatment room, produces soothing sounds, gentle vibrations, and magnetic stimulations to induce profound levels of relaxation. This touchless experience is a perfect accompaniment to your spa treatment, recommended pre or post service. Cannot be booked à la carte.



Resort Salon

HAIR STYLING SERVICES

Waldorf Astoria Salon offers a full array of color, cuts, styles, and hair treatments.

Prices listed for hair services are 'starting at'. Preliminary quotes provided by Spa concierge are subject to change based upon length and condition of hair, intricacy of service, and any customization performed by stylist. Stylist will perform preliminary consultations.

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| WASH AND BLOWOUT starting at | \$80 |
| WASH, CUT & BLOWOUT starting at | \$105 |
| MEN'S CUT & STYLE | \$60 |
| UPDO (Updo style performed on clean, dry hair) | \$120 |

Extensions may incur an additional charge. Your stylist will consult with you prior to service.

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| SINGLE PROCESS starting at | \$100 |
| DOUBLE PROCESS starting at | \$120 |
| PARTIAL HIGHLIGHTS starting at | \$125 |
| FULL HIGHLIGHTS starting at | \$185 |
| GLAZE starting at | \$65 |

KERATIN SERVICES below prices are starting at:

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| NATURAL SMOOTHING | \$420 |
| PERSONALIZED BLOW OUT | \$300 |
| SPOT TREATMENT | \$60 |

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| OLAPLEX TREATMENT | \$65 |
| ORIBE DEEP CONDITIONING MASK | \$55 |
| ORIBE HAIR TREATMENT | \$25 |
| MOROCCAN OIL MASK TREATMENT | \$45 |

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| CLARIFYING & NOURISHING HAIR & SCALP TREATMENT WITH A RELAXING SCALP MASSAGE | \$85 |
|--|------|

HANDS & FEET

Our nail services are designed for natural nails. Please advise when making your reservation if you have acrylics or gel.

CLASSIC MANICURE 25mins \$42
CLASSIC PEDICURE 40mins \$66

CITRUS MANICURE 35mins \$55
CITRUS PEDICURE 50mins \$78

HYDRATING MANICURE 35mins \$55
HYDRATING PEDICURE 50mins \$78

GENT'S HAND TREATMENT 25mins \$42
GENT'S FOOT TREATMENT 35mins \$66

GEL POLISH MANICURE 45mins \$55
GEL MANICURE PLUS REMOVAL 60mins \$78

ALHAMBRA MANICURE 40mins \$85
ALHAMBRA PEDICURE 60mins \$135

Aroma essences uplift your senses as a warm herbal neck wrap soothes and comforts. Warm Himalayan salt stones combined with CBD oil lightly massages and pampers to create the ultimate Spa experience. Pedicure includes warm paraffin wax treatment for the hands & forearms.

ORGANIC WELLNESS PEDICURE 75mins \$150

This nutrient-rich Spa pedicure, delivers a heightened sensory experience using facial grade organic ingredients including Mangosteen, Wildflower and Stone Crop. Enjoy the benefits of a leg facial as tired, dull skin is restored to full vitality. Mangosteen Peel, Basalt Hot Stones and Apricot Body Oil combined with a hydrating hand treatment will leave you feeling balanced and restored.

ENHANCEMENTS (Cannot be booked a la carte.)

FRENCH ADD-ON \$12
POLISH CHANGE* \$30

*Polish change does not include cuticle care.

RELAXING FOOT MASSAGE 15mins \$40

CAUSE + MEDIC CBD OIL \$25
add in to any manicure and pedicure

Spa Information

AGE POLICY

To protect the tranquil nature of the Spa and its environment, guests under the age of 18 are not permitted to use the Spa facilities. This includes the Private Spa Pool, sundeck, and locker facilities. Younger guests between 12 and 17 are welcome to enjoy Spa services when accompanied by an adult in the treatment room or checked in by a guardian at the salon.

RESERVATIONS & CANCELLATIONS

Booking your Spa reservations in advance is strongly recommended. Please call Waldorf Astoria Spa directly at 561-347-4772 or 877-677-7347 or from the Resort at extension 4772. As a courtesy to other guests and to our therapists, we strictly adhere to the Spa cancellation policy. If you must change or cancel an appointment, please advise us 6 hours in advance to avoid being charged 100% of the scheduled service.

SPA FACILITY ACCESS

Great Hall, Lounges and Lockers, outdoor Pool and Jacuzzis are exclusively available for resort guests and members with spa treatments.

ARRIVAL TIME

Guests are advised to arrive 30 minutes prior to the start of their service to allow for ample time to check in, change, and acclimate to the Spa facilities. Services will begin and end on time so that the next guest is not delayed. Guests staying at the Boca Beach Club are advised to allow for 15-20 minutes travel time.

PHYSICAL AILMENTS, DISABILITIES, OR ALLERGIES

Please notify the Spa concierge when booking your appointments and your service provider at the time of treatment.

CELL PHONE RESTRICTIONS

To respect the privacy of our Spa guests and maintain the sanctuary of our Spa, we request that guests refrain from using their cell phone in the locker rooms, Great Hall, and treatment areas.

GRATUITY

For your convenience, an automatic 20% Gratuity is added to each service and distributed in full to your service provider. You may choose to add or adjust based upon your discretion.



BOCA RATON RESORT & CLUB®

A WALDORF ASTORIA RESORT

501 East Camino Real,
Boca Raton, Florida 33432
T. 561 -347-4772
www.bocaresort.com